



Vitamins & More

VITAMINS AND SUPPLEMENTS

A & D (FISH LIVER OIL) – VITAMIN A IS ESSENTIAL FOR VISION, NORMAL GROWTH, AND IMMUNE FUNCTION. VITAMIN D AIDS IN THE ABSORPTION OF CALCIUM TO FORM AND MAINTAIN STRONG BONES AND PROTECT FROM OSTEOPOROSIS. **\$16**

ARTHROSOOTHE – A SUPPLEMENT THAT PROMOTES OPTIMAL FUNCTION OF THE JOINTS. IT IS COMPRISED OF THE BUILDING BLOCKS THAT ALLOW YOUR BODY TO EFFECTIVELY REPAIR THE JOINTS AND REDUCE LEVELS OF INFLAMMATION. THE FORMULA INCLUDES MINERALS, NATURAL HERBS, AND OTHER INGREDIENTS THAT HAVE ANTI-INFLAMMATORY, HEALING, AND PROTECTIVE PROPERTIES FOR THE JOINTS **\$49**

B-COMPLEX – B VITAMINS ARE NECESSARY FOR NERVES AND MUSCLES. THEY ALSO TAKE PART IN DIGESTION, METABOLISM, ENERGY PRODUCTION, GROWTH, AND THE FORMATION OF MANY OF THE BODY'S HORMONES **\$30**

B-1 – ALSO CALLED THIAMIN, VITAMIN B-1 ENABLES THE BODY TO USE CARBOHYDRATES AS ENERGY. IT IS ESSENTIAL FOR THE METABOLISM OF GLUCOSE, AND IT PLAYS A KEY ROLE IN NERVE, MUSCLE, AND HEART FUNCTION..... **\$15**

B-3 – ALSO CALLED NIACIN, VITAMIN B-3 HELPS THE FUNCTIONS OF THE DIGESTIVE SYSTEM, SKIN, AND NERVOUS SYSTEM. IT PLAYS A LARGE ROLE IN HELPING THE BODY CONVERT FOOD INTO ENERGY..... **\$12**

C (ASCORBIC ACID) – VITAMIN C IS NECESSARY TO FORM COLLAGEN, THE PROTEIN NEEDED TO MAKE AND MAINTAIN HEALTHY BLOOD VESSELS, CARTILAGE, AND SKIN. AS AN ANTIOXIDANT, IT ALSO SUPPORTS A HEALTHY IMMUNE SYSTEM **\$18**

CoQnol™ 100 – CoQnol™ 100 FEATURES A UNIQUE COMBINATION OF UBIQUINOL AND TRANS-GERANYLGERANIOL (GG). THE GG COMPLEMENTS THE ACTIONS OF UBIQUINOL BY ENHANCING ABSORPTION AND SUPPORTING ENDOGENOUS CoQ10 SYNTHESIS NATURALLY IN THE BODY.* THIS FORMULA PROVIDES 100 MG OF UBIQUINOL AS DUOQUINOL™ AND 60 MG OF TRANS-GERANYLGERANIOL AS GG-GOLD® PER SERVING, A PATENTED FORM OF GG IS EXTRACTED FROM ANNATTO SEEDS, ALONG WITH QUILLAJA EXTRACT FOR ENHANCED ABSORPTION AND BIOAVAILABILITY..... **\$47**

CALM POWDER – THIS IS AN ANTI-STRESS DRINK AND RELAXING MAGNESIUM SUPPLEMENT THAT BALANCES YOUR CALCIUM INTAKE AND RESTORES HEALTHY MAGNESIUM LEVELS. MAGNESIUM DEFICIENCY IS QUITE COMMON, AND ANYONE CAN BENEFIT FROM THIS SUPPLEMENT. IT IS ESPECIALLY BENEFICIAL FOR PEOPLE WHO GET MUSCLE CRAMPS OR PEOPLE WHO ARE UNDER A LOT OF STRESS. ORIGINAL, SWEET LEMON OR RASPBERRY-LEMON FLAVORS ARE AVAILABLE **16oz \$36** **8oz \$27**

D-3 –VITAMIN D AIDS IN THE ABSORPTION OF CALCIUM TO FORM AND MAINTAIN STRONG BONES AND PROTECT FROM OSTEOPOROSIS. IT IS NECESSARY FOR NORMAL BLOOD PRESSURE AND HEALTHY IMMUNE SYSTEM FUNCTIONS **\$15**

E – VITAMIN E IS AN ANTIOXIDANT THAT PROTECTS BODY TISSUE FROM DAMAGE CAUSED BY FREE RADICALS. IT SUPPORTS HEALTHY IMMUNE FUNCTION AND IS IMPORTANT FOR THE FORMATION OF RED BLOOD CELLS **\$42**

HTN SUPREME – HTN SUPREME™ CONTAINS NUTRIENTS THAT ADDRESS VARIOUS MECHANISMS TO HELP PROMOTE HEALTHY BLOOD PRESSURE.* BONITO PEPTIDES AND GRAPE SEED EXTRACT (VITIS VINIFERA) ARE INCLUDED FOR THEIR ANTIOXIDANT ACTIVITY, CARDIOPROTECTIVE PROPERTIES, AND PROMOTION OF NORMAL VASCULAR TONE **\$60**

INFLAMMATONE – THIS SUPPLEMENT IS A COMBINATION OF HERBS, NUTRIENTS AND ENZYMES FOR CONTROLLING THE INFLAMMATORY RESPONSE OF THE BODY. IT PROVIDES NATURAL ANTI-INFLAMMATORY EFFECTS AND PROTECTS AGAINST OXIDATIVE STRESS **\$36**

KRILL OIL – THIS IS CONSIDERED TO BE A VIRGIN KRILL OIL, THE PUREST FORM AVAILABLE. IT CONTAINS HIGHER PHOSPHOLIPID BIOAVAILABILITY, WHICH ENHANCES THE ABSORPTION OF ASTAXANTHIN. MANY STUDIES SUGGEST THAT THIS EXCEPTIONALLY HIGH LEVEL OF ASTAXANTHIN OFFERS A WIDE ARRAY OF BENEFITS, WHICH MAY INCLUDE POWERFUL ANTIOXIDANT PROPERTIES AND SUPPORT FOR CARDIOVASCULAR, SKIN, EYE, AND GASTRIC HEALTH.* ASTAXANTHIN ALSO ASSISTS THE BODY WITH A HEALTHY INFLAMMATORY RESPONSE.* **\$57**

MAGNESIUM BUFFERED CHELATE – MAGNESIUM BUFFERED CHELATE CONTAINS HIGHLY ABSORBABLE MAGNESIUM WITH EACH CAPSULE PROVIDING 150 MG OF ELEMENTAL MAGNESIUM. THIS PRODUCT SHOULD NOT CAUSE ANY OF THE UNFAVORABLE GASTROINTESTINAL (GI) SYMPTOMS ASSOCIATED WITH MAGNESIUM SUPPLEMENTATION DUE TO THE VERY STABLE CHELATE FORMED BETWEEN TWO GLYCINE MOLECULES AND EACH MAGNESIUM ION VIA A PATENTED PROCESS **\$34**

PROSTATE SUPREME – PROSTATE SUPREME™ PROVIDES COMPREHENSIVE SUPPORT FOR OPTIMUM PROSTATE HEALTH AND FUNCTION.* THIS FORMULATION SUPPORTS A HEALTHY BALANCE OF HORMONES INVOLVED IN PROSTATE HEALTH AND PROVIDES TARGETED NUTRITIONAL SUPPORT AND COMPOUNDS WITH

ANTIOXIDANT PROPERTIES. PROSTATE SUPREME™ IS APPROPRIATE FOR MEN 45 YEARS OF AGE AND OLDER TO HELP MAINTAIN HEALTHY PROSTATE FUNCTION **\$45**

TRI-40 – TRI-40 IS A SUPPLEMENT THAT SUPPORTS THE THYROID AND PARATHYROID **\$25**

PAIN RELIEF, LOTIONS, BRACES, AND SUPPORTS

BIO-FREEZE PROFESSIONAL – THIS TOPICAL PRODUCT PROVIDES TEMPORARY RELIEF FROM MINOR ACHES AND PAINS OF SORE MUSCLES AND JOINTS ASSOCIATED WITH ARTHRITIS, BACKACHE, STRAINS, AND SPRAINS. AVAILABLE IN THE FORM OF GEL OR ROLL-ON – YOUR CHOICE **\$16**

BACK SUPPORT – WITH GOOD LUMBAR SUPPORT WHILE SEATED, THE MUSCLES SURROUNDING THE SPINE ARE RELIEVED OF MUCH OF THE RESPONSIBILITY OF HAVING TO KEEP THE SPINE NATURALLY CURVED. ESPECIALLY IMPORTANT FOR PEOPLE WHO SIT IN AN OFFICE CHAIR FOR EXTENDED PERIODS OF TIME **\$49**

ICE PACK – COLD THERAPY CAN HELP MINIMIZE SWELLING AROUND AN INJURY AND RELIEVE MUSCLE SPASMS AND PAIN..... **SMALL ... \$8 ... LARGE ... \$16**

CELL REJUVENATION LOTION – THIS IS AN UNSCENTED LOTION THAT HAS A PH BALANCED FORMULA THAT IS ENRICHED WITH VITAMINS A, C, AND E AND NATURAL ORGANIC BOTANICAL INGREDIENTS. IT IS HYPOALLERGENIC AND FREE FROM ALCOHOL, CHEMICALS, SOLVENTS, OR PARABENS. **\$25**

RELEVAMINE GS – THIS IS A TOPICAL PAIN RELIEF CREAM THAT COMBINES THE NATURAL PAIN RELIEF POWER OF PREGNENOLONE, GINGER EXTRACT, AND EMU OIL WITH THE CARTILAGE AND JOINT-BUILDING BENEFITS OF GLUCOSAMINE SULFATE. IT CAN BE APPLIED TO THE HANDS, WRISTS, ELBOWS, KNEES, ANKLES, OR WHEREVER NEEDED **\$30**

VARIOUS BRACES ARE AVAILABLE FOR KNEES, BACK, ETC. ASK THE DOCTOR FOR MORE INFORMATION, PRICING, ETC.

THESE STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE